

# Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday  
of each month

St Pius V Chapel

Birmingham, Alabama

9:30 A.M.

Every Sunday except  
first Sunday of each month

FIRST SUNDAY AFTER EPIPHANY

*(Formerly the Sunday within the Octave)*

January 9, 2005 – White

Mass of Sunday; Gl; Cr; Pref. Epiphany

Weekly Bulletin #865

## ***THE WORLD FORGETTING - - - BY THE WORLD FORGOTTEN***

A NUN IS A WOMAN who labors because she is poor and is poor because she loves God. She lives apart from the world and all the arrangements of the world in order to GIVE PRAISE TO GOD. A Nun is a woman who prays constantly. In her prayer, the Nun strives to contemplate God, and in her contemplation, she comes to taste the inexpressible joy of God's love – IN SILENCE, IN ANONYMITY, IN HUMILITY, AND IN PEACE. For the Nun all things must be productive of PEACE. Only in silence can one listen with the ear of the heart to the soft whisperings of our loving Father. The world and its noises are kept as far away and out of the sight and hearing of the Nun as possible. Giving hush to the speech of the world, the silent words of the forest and field, the sun and wind and sky, the little flower, the earth and water, all speak to her of the love of her God, and they remind her that she is in the convent in order to develop like the little things that are all about her. All the little things of God's earth give praise to Him constantly, and so does she. In solitude and anonymity, the Nun is planted in the Garden of the Lord, and she has but one purpose – namely, to reach out for the light and truth and waters of God's Grace.

The Nun is a woman of prayer – she always prays, but she is not always saying prayers. As can be understood, the Nun cannot spend her life on her knees, incessantly talking to God in prayer. The Nun has to work if she is to eat. The Nun's life of prayer is a life wherein she is ever conscious of God. To be a woman of prayer is to be a woman whose every thought, word, and deed is not necessarily about God, but is directed to God. Such a child of God eats and drinks, sleeps and works, milks cows and cooks, sews and scrubs, laughs and cries, suffers and rejoices, triumphs and fails, in God and for God. Taken together with the chanting of the Divine Office, this can only be looked upon as a peace experience without equal.

Life in a Convent, in all its vicissitudes, is patterned after the House of Nazareth, and PEACE – Benedictine Peace – is God's best gift to the Women of God who live therein.

***WHAT WOULD BECOME OF US ALL WITHOUT  
THE HIDDEN LIFE AND SACRIFICE OF HOLY NUNS?***

# 20 + G + M + B + 05

1. There will be NO Catechism class after Mass this morning.
2. Epiphany Chalk is now available. Please help yourselves and use it as you know how.
3. Today is the Feast of the Holy Family (Roman calendar).
4. Thursday, January 13, 2005, is The Commemoration of the Baptism of Our Lord.
5. Please pray for all the Sick and Shut-ins of our Chapels. LET US ALSO PRAY FOR EVERYONE – *Especially let us pray for everyone suffering from the disastrous earthquake and tsunami in the Indian Ocean.* Let us pray for ALL the priests and religious men and women of the world. NO MAN, WOMAN, OR CHILD SHOULD BE LEFT OUT OF OUR PRAYER. God made all men to be with Him in heaven for all eternity, and this includes every human being on earth, regardless of station or condition or place. While Our Blessed Lord was hanging on the Cross He did not look around and pick and choose who He was dying for. He did not exclude a single member of the Human Race – even His enemies – from the Love that came forth from Him during those momentous moments. Weak human nature and erroneous persuasions will prevent some from achieving the purpose intended for them by God, but that matter remains entirely between all such and God. We must make no judgments concerning such matters. If there is any sifting to be done, it is to be done by God, Himself alone. We are **NOT** the ones to do the sifting.
6. MASSES FOR THE WEEK: (Father Abbot Leonard's schedule only)
  - SUNDAY: For the People of our Chapels
  - MONDAY: For the Poor Souls in Purgatory
  - TUESDAY: Deceased Howard Kelly
  - WEDNESDAY: Welfare Hector Guerra
  - THURSDAY: For Jack Wren
  - FRIDAY: For the Dominican Sisters of the Immaculate Heart
  - SATURDAY: Deceased James Rheinschmidt

*The Monks of Christ the King Abbey and the Sisters of St. Joseph's Monastery would like to take this opportunity to thank, with profound gratitude, the many expressions of kindness shown to them during the Christmas Season. We are so grateful for the love given to us by all of you who come to our Chapels and give witness to Almighty God together with us. We pray the best for you and your loved ones, and we pray that you will always find true and solid Catholic religious fulfillment in our Chapels. Let your prayer be:  
"Jesus, Mary – I love you.  
Save Souls!"*



Uphold me  
LORD  
according  
to your  
promise  
and I shall  
LIVE

**We ask for your best prayers  
for Mollie Amelia Deptuch.**

**Today she begins her holy religious life  
as a Novice of St. Joseph's Monastery.  
May God shower her with His choicest  
blessings as she enters the Convent.**